

FRPMC HOSTS PUGA'S 4TH BIENNIAL INTERNATIONAL CONFERENCE

Fazaia Ruth Pfau Medical College (FRPMC), Karachi, in collaboration with the Pakistan Urogynaecologists Association (PUGA), successfully co-hosted the 4th Biennial International Conference of PUGA from 21-23 November 2025.

The scientific programme spanned three days and was conducted with active academic leadership and organisational support from the Department of Obstetrics and Gynaecology, FRPMC, covering major clinical and surgical priorities in urogynaecology.

fistula surgery, pelvic organ prolapse assessment, urodynamics, hysterectomy safety, obstetric emergency drills, and advanced urogynaecological surgical procedures.

The conference featured a distinguished panel of international faculty from Sri



The conference brought together national and international experts to deliberate on contemporary challenges and innovations in urogynaecology and women's pelvic health.

The event formally commenced with an inaugural ceremony attended by senior academic and professional leadership. The session included a welcome address by Prof. Shagufta Tahir, President PUGA, followed by an address by Prof. Dr. Masood Ahmed, Principal FRPMC, highlighting the institution's commitment to academic collaboration and capacity building in women's healthcare. The ceremony was graced by Prof. Dr. Ayesha Siddiqua, President of the Society of Obstetricians and Gynaecologists of Pakistan (SOGP), as Chief Guest, along with distinguished national leaders in obstetrics and gynaecology who attended as guests of honour.

A major highlight of the conference was its extensive preconference academic activity, consisting of 23 hands-on workshops conducted nationwide between September and November 2025, several of which were hosted at FRPMC's Skill Lab and Conference Facilities.

These workshops provided structured, practical training in perineal tear repair

Lanka, Turkey, the United States, Colombia, and India, alongside a strong representation of renowned national experts from leading medical institutions across Pakistan. The event was attended by urogynaecologists, obstetricians, gynaecologists, surgeons, physiotherapists, nurses, and postgraduate trainees, promoting multidisciplinary learning and professional networking.



AIR MARSHAL AAMIR SHAHZAD VISITS FRPMC AND PAF HOSPITALS

On Monday, 1 September 2025, Air Marshal Aamir Shahzad HI(M), S Bt, Air Officer Commanding, Southern Air Force, visited Fazaia Ruth Pfau Medical College. He was warmly received by the faculty and students in recognition of his continued support for the institution.



While addressing the students, Air Marshal Shahzad highlighted the importance of parents in shaping their future. He said their guidance and sacrifices play a vital role in success. He also emphasized that achieving any goal requires consistent effort, determination, integrity, and sincerity.

DG MEDICAL SERVICES PAF REVIEWS FACILITIES DURING VISIT TO FRPMC

Air Vice Marshal Sohail Akbar SI (M), Director General Medical Services, Pakistan Air Force, visited Fazaia Ruth Pfau Medical College (FRPMC) and its affiliated hospital. He interacted with students and faculty members during the visit.



While addressing the students, he emphasized self-discipline and focus in professional life. He encouraged them to stay committed to their goals and view failures as opportunities for learning.

During the visit, Air Vice Marshal Sohail Akbar also toured the affiliated hospital. He inspected different departments and reviewed the available facilities and ongoing medical services. He appreciated the efforts of the medical staff in providing quality healthcare services.

AIR VICE MARSHAL AKHTAR IMRAN SADDOZAI VISITS FRPMC LAPTOPS DISTRIBUTED AMONG HIGH-ACHIEVING STUDENTS

Air Vice Marshal Akhtar Imran Saddozai SI(M), Air Officer Commanding (AOC) Southern Air Command, Pakistan Air Force, visited Fazaia Ruth Pfau Medical College (FRPMC) on 29 January 2026. The visit included meetings with faculty and students, as well as a special ceremony for the distribution of laptops to academically high-achieving students, in line with the Higher Education Commission (HEC) laptop initiative for public university affiliates.

During his visit, Air Vice Marshal Saddozai commended the students' dedication and the faculty's efforts in maintaining high academic standards.



He emphasized the critical responsibilities of the medical profession and the ethical and professional mindset required to succeed. Addressing the students, he highlighted the importance of commitment, integrity, and lifelong learning in medicine.

FRPMC HOSTS 10TH PSSLD TEACH PAK CERTIFICATE COURSE

Fazaia Ruth Pfau Medical College (FRPMC) proudly served as the Karachi centre for the 10th PSSLD TEACH Pak Certificate Course, held from 2–23 September 2025.

The four-week programme, accredited by Aga Khan University's Department for Continuing Professional Education, focused on "Advancing Liver Health:

MAFLD and Prevalent Hepatic Disorders in 2025."

Delivered in a blended format across nine centres nationwide, the course combined virtual lectures, case discussions, and weekly in-person sessions, coordinated by Dr. Muhammad Kamran, Associate Professor, FRPMC, and Course Director.

Over 300 participants, including medical students, postgraduate trainees, and practising physicians, engaged in evidence-based learning on hepatitis B and C, cirrhosis, and the emerging challenge of MAFLD, with emphasis on early detection and multidisciplinary management.



FRPMC HOSTS TWO PRE-CONFERENCE WORKSHOPS OF CPSP IMECON 2026

In January 2026, FRPMC hosted two pre-conference workshops of CPSP IMECON 2026. The workshops focused on faculty development and innovation in medical education. The sessions were supported by the faculty of FRPMC's Medical Education Department.

The first workshop, "Caring for the Carers: Faculty Wellness as a Catalyst for Student Wellbeing", was held on 26 January 2026. Facilitated by Assistant Prof. Shaur Sarfaraz (AIDM). The session featured that caring for the mental, emotional, and physical well-being of faculty members is not merely a supportive measure for staff but a vital, evidence-based catalyst for improving student outcomes, engagement, and emotional health in higher education.

The second workshop, "AI Pedagogy: Transforming the Future of Education", took place on 27 January 2026, led by Prof. Sonia Ijaz Haider (DUHS) with support from FRPMC's medical education faculty.



It was an interactive workshop that explored the innovative applications of artificial intelligence in medical teaching and learning. The participants gained practical intuition into modern pedagogical techniques and how the integration of these technologies could improve educational outcomes.

FACULTY DEVELOPMENT PROGRAM 2026: OSCE WORKSHOP CONDUCTED

On Friday, 17 February 2026, FRPMC conducted a Faculty Development Program on high-quality OSCE (Objective Structured Clinical Examination) techniques, led by Prof. Dr. Faisal Ghani Siddiqui. The workshop focused on enhancing teaching and assessment skills for the faculty. The workshop provided practical strategies to enhance the design, administration, and evaluation of OSCEs.

The session featured case-based discussion. Faculty members actively engaged, raising questions, sharing experiences, and exchanging ideas with the facilitator. The interactive workshop concluded with a focused discussion to strengthen ongoing OSCE implementation.



AIRBLUE CABIN CREW RECEIVE BLS TRAINING AT FRPMC SKILL LAB

Airblue cabin crew recently attended a Basic Life Support (BLS) training session at the Skill Lab of Fazaia Ruth Pfau Medical College (FRPMC). The workshop was facilitated by the FRPMC Skill Lab's American Heart Association (AHA)-certified faculty. Participants received hands-on instruction in cardiopulmonary resuscitation (CPR), airway management, and other emergency response techniques. Through practical demonstrations and simulated scenarios, the session aimed to enhance the crew's preparedness to respond effectively to medical emergencies during flights. Such training activities are conducted regularly as part of FRPMC's commitment to providing community-based services and extending professional training opportunities beyond the healthcare sector.



FRPMC HOLDS AWARENESS SESSION ON OBESITY AND CARDIAC DISEASES

A community health awareness session on Obesity and Cardiac Diseases was organized on December 12, 2025, by the Department of Cardiology at Fazaia Ruth Pfau Medical College (FRPMC). The session was conducted by Dr. Ayesha Abbas, Physician and Nutritionist from South City Hospital, who has over 15 years of professional experience.

The session focused on improving community awareness about obesity as a major risk factor for heart disease and highlighted practical preventive measures, early lifestyle intervention and timely medical consultation. Faculty members and students showed equal interest and actively participated throughout the session.



MBBS BATCH OF 2026 JOINS FRPMC

Fazaia Ruth Pfau Medical College warmly welcomed the MBBS Batch of 2026 as Orientation Week commenced on 4 February. The week-long programme was designed to familiarize newly admitted students with academic life, campus facilities, and the values of the institution.



As part of the orientation, students toured the college and its affiliated hospital to gain awareness of their future learning environment. An interactive gathering was also arranged to introduce the faculty, while students had the opportunity to introduce themselves and share their interests, talents, and hobbies with their teachers and fellow classmates.



FRPMC STUDENTS SECURE TOP POSITIONS IN 4TH AND FINAL YEAR MBBS EXAMINATIONS 2025

Students of Fazaia Ruth Pfau Medical College (FRPMC) secured all top three positions in the 4th-Year MBBS Professional Annual Examination 2025.

In addition, FRPMC students also achieved remarkable success in

the Final Year MBBS Examination 2025, where Sana Fatima secured the 2nd position and Asra Saeed obtained the 3rd position.

FRPMC congratulates the students and faculty on this outstanding academic achievement.



Nimra Shoukat
First Position
(4th Year)



Laiba Tabassum
Second Position
(4th Year)



Ehtisham Sami
Third Position
(4th Year)



Sana Fatima
Second Position
(5th Year)



Asra Saeed
Third Position
(5th Year)

FRPMC STUDENTS MAKE THEIR MARK AT MURC 2025

Students of Fazaia Ruth Pfau Medical College (FRPMC) earned accolades at the Medical Undergraduate Research Conference (MURC) 2025, held at LUMHS. The conference, under the banner "From Bench to Bedside: Translational Research in Medicine", drew medical researchers from across Sindh to present their work on bridging scientific discovery and clinical care.



Among FRPMC's delegates, Ahmad Rasool and Ayesha Khalid distinguished themselves by winning first prize in the oral presentation category, exploring emerging trends in empathy among medical students. The college's contingent also presented research spanning public health, clinical practice, and medical education.

FIREFIGHTING SAFETY DRILL CONDUCTED AT FRPMC

A firefighting safety drill was conducted at Fazaia Ruth Pfau Medical College (FRPMC) on 18 February 2026 for students, faculty, and staff by firefighters from the Pakistan Air Force.

During the drill, participants were briefed on the basics of fire behavior, including how fires start and spread, factors that accelerate them, and immediate steps to control or contain a fire. Demonstrations were also conducted on the types of firefighting equipment used to control fires and the correct method of operating them.



FACULTY PROMOTION: ANATOMY

Dr. Sama ul Haque has been promoted to the post of Professor in the Department of Anatomy, effective from 1st January 2026. He was previously serving as Associate Professor in the department, since August 2019.



Dr. Rida Kainat, Assistant Professor, Biochemistry, FRPMC, receiving a Winner Award at the JSMU Annual Education & Research Symposium 2025.